

Why choose a BTEC Tech Award in Sport?

The BTEC Tech Award in Sport is for learners interested in taking a hands-on course alongside their GCSEs that will offer them an insight into what it is like to work in the sports sector, giving them a broad introduction that keeps all their options open and allows them to make an informed decision about their future learning and career.

The Tech Award gives learners the opportunity to develop sector-specific applied knowledge and skills through realistic vocational contexts. They will explore the different types and providers of sport and physical activity, as well as the equipment and technology available. Building on this, they will look at individuals' differing needs, to gain an understanding of how to increase participation in sport while further developing their knowledge and understanding of anatomy and physiology in a contextualised way. They will then apply their knowledge and skills to planning and delivering sports activity sessions for participants in practical sessions.

In addition, this qualification enables learners to develop sector-specific skills such as sport analysis and sports leadership, and personal skills such as communication, planning, time management and teamwork, through a practical and skills-based approach to learning and assessment. This qualification has been developed in close consultation with focus groups, current practitioners and employers to ensure that all the key skills and areas of knowledge required for learners to work effectively in the sports industry are incorporated into both the content and the assessment process. The internally assessed components are task-based and largely practical, allowing learners to demonstrate their skills and ability – and their understanding of the theoretical content – in a way that suits them.

What will I learn?

Component 1: Preparing Participants to Take Part in Sport and Physical Activity- Assessed via coursework.

Learners will explore the different types and provision of sport and physical activity available for different types of participants, barriers to participation and ways to overcome these barriers to increase participation in sport and physical activity. They will also research equipment and technological advances in a chosen sport or physical activity and how to prepare our bodies for participation in sport and physical activity.

IMPORTANT – During the assessment process of component 1 you will be recorded delivering and leading a sports session to a group of RSA pupils. EG- Videoed teaching a warm-up/ skill for a football session.

Component 2: Taking Part and Improving Other Participants Sporting Performance- Assessed via coursework.

Learners will investigate the components of fitness and their effect on performance, take part in practical sport, explore the role of officials in sport and learn to apply methods and sporting drills to improve other participants' sporting performance.

IMPORTANT – During the assessment process of component 2 you will be recorded performing in a chosen sport- EG- Videoed playing badminton.

Component 3: Developing Fitness to Improve Other Participants' Performance in Sport and Physical Activity- Assessed via an exam.

Learners will be introduced to and develop an understanding of the importance of fitness and the different types of fitness for performance in sport and physical activity. They will also develop an understanding of the body and fitness testing.

How will it be assessed?

Components 1 and 2 will be assessed through coursework which is assessed internally and externally. Component 3 is assessed via an exam.

Assessment Overview

Component	GLH	Qualification Weighting	Marks available	Type of assessment	Length of Assessment	Availability
Component 1: Preparing Participants to Take Part in Sport and Physical Activity	36	30%	60	Internal assessment (PSA*) with 3 tasks. Externally moderated	5 hours of supervised sessions	Twice a year: October release for December/January moderation (from 2023) February release for May/June moderation (from 2023)
Component 2: Taking Part and Improving Other Participants' Sporting Performance	36	30%	60	Internal assessment (PSA*) with 4 tasks. Externally moderated	4 hours of supervised sessions	Twice a year: October release for December/January moderation (from 2023) February release for May/June moderation (from 2023)
Component 3: Developing Fitness to Improve Other Participants' Performance in Sport and Physical Activity	48	40%	60	External synoptic exam. Externally marked	1 hour 30 mins	Twice a year in Jan/Feb and May/June (from 2024)