



The Rudheath Senior Academy

Year 7

Year 7 PSCHE

Who are ... The Mix, Talk to Frank, CEOP, Police, NSPCC, Childline?

Team ME - How can target setting help me be successful at my new school?



How might body image & social media effect my well being?

Who can I speak to if I think a friend is being bullied?



Anti-bullying week - 14-18th November



What is puberty and how might it effect my emotions and relationships?

What does consent mean, both legally and ethically?



Staying Safe - Social media & mobile phones.



Staying safe-knife crime- Why might a young person carry a knife?



Staying safe - recognising the signs of on street and online grooming.



What might 'being healthy' mean? (Physical, mental, emotional, social health)



Mental Health Awareness week- 13-17th May

Diversity and tolerance



Diversity month- 1-30th June

To Year 8 ...



The Rudheath Senior Academy

Year 8

Year 8 PSCHE

Who are The Mix, Talk to Frank, CEOP, Police, NSPCC, Childline?

Unrealistic relationship expectations



What is the difference between sexual orientation and gender identity



Preventing pregnancy



Staying Safe online



Anti-bullying week - 14-18th November

Staying Safe- Alcohol and drug abuse.



What skills do I require to be an effective communicator?



Ethics and morals - How can they help communities live together?



What are the characteristics of a successful team?



Diversity- Why might living in a diverse society be beneficial for all?



Mental Health Awareness week- 13-17th May

What is LGBTQ+?



Diversity month- 1-30th June

To Year 9...



The Rudheath Senior Academy

Year 9

Year 9 PSCHE

ANIMAL RIGHTS

Who are ... The Mix, Talk to Frank, CEOP, Police, NSPCC, Childline?

Animal rights- should fox hunting be banned? Should we test medicine on animals?

Environment-What is the impact of pollution in my community?



How can I assess my readiness for intimacy?



What is meant by freedom and capacity to consent? NO MEANS NO.



Anti-bullying week – 14-18th November

How can I look after my sexual health? How might I avoid STI's and pregnancy?



How might be the best way to manage a breakup safely and appropriately?



Law & order- How does the British criminal system work? What is 'Joint enterprise'?



British Values – Free speech & tolerance



Diversity- What might it be like growing up as an LGBTQ+ person in Northwich?



Mental Health Awareness week- 13-17th May

What are the consequences of living an unhealthy lifestyle?



Diversity month- 1-30th June

To Year 10...



The Rudheath Senior Academy

Year 10 PSCHE

Year 10

Who are The Mix, Talk to Frank, CEOP, Police, NSPCC, Childline?

Why might a growth mindset be important in KS4?



How can I recognise institutional racism?



Law & order- Crime and its consequences.



Law & order- How might crime effect my life and community?



Anti-bullying week- 14-18th November

Intimacy, consent and pornography



How might be the best way to manage a breakup safely and appropriately?



How do I recognise an abusive relationship?



Recognising positive peer pressure and negative peer pressure?



Diversity - Why is it important to 'stand up' to people who discriminate and bully LGBT+ people?



Mental Health Awareness week- 13-17th May

Why is sleep important? How might resilience help me in YEAR 11?



Diversity month- 1-30th June

Work experience - July

To Year 11...



The Rudheath Senior Academy

Year 11 PSCHE

Year 11

Who are The Mix, Talk to Frank, CEOP, Police, NSPCC, Childline?



Careers and college? What do I need to do to be successful in year 11?



How do I write a CV? Why might a personal statement be important?

How can I recognise, prevent and manage family and friendship conflict?



How can I promote my sexual health and prevent unplanned pregnancy?



Anti-bullying week- 14-18th November



How is mental wellbeing connected to physical wellbeing?



Staying safe – How might I identify on street and online grooming?

Staying safe -How can I identify the signs of blackmail? What is sexual harassment? How do I report it?



Financial literacy- What is credit and debt? How might I keep my finances safe and secure?



How does inclusion benefit our community?



Mental Health Awareness week- 13-17th May



What are the signs of exam stress? What strategies can I use to cope with exam stress?

Diversity month- 1-30th June

To a long and happy life!