



The Rudheath Senior Academy

# Year 10- Health & Social Care- BTEC

## Component 1: Human Lifespan Development



Health and social

**Learning aim A:**  
Understanding human growth and development across life stages and the factors that affect it



**Assignment 1a-**  
How might a human grow and develop across the different life stages?



**Assignment 1b-**  
What factors might effect physical and cognitive human development?



**Assignment 1c-**  
Using a case study- How might different factors impact the growth and development across three life stages?



**Learning aim B:**  
Investigate how individuals deal with life events



**Assignment 2a-**  
How might a life event impact human development?



**Assignment 2b-**  
How can we support people who find coping in life a challenge?



**Assignment 2c-**  
Why might different people (case studies) deal differently to trauma?



**Assignment 2c-**  
How might we support people who experience trauma?





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## Component 2: Health & Social Care services and values - Coursework

Assignment 1- Why might it be important to analyse the barriers that inhibit people from accessing H&SC services?

Assignment 2b- How might evaluating my use of the care values support my own development?

What factors might effect health and wellbeing?

How might we implement a health and well being plan to support an individual?

College or career



Learning aim A: Understanding the different types of health and social care services and barriers to accessing them.

Learning aim B: Understanding the importance of care values

Assignment 2a- How might I apply the care values of H&SC?

Component 3: Health & Wellbeing- Exam

Which lifestyle and physiological indicators can be used to measure health and wellbeing?

What barriers might we have to overcome when implementing a health and wellbeing plan?